Module 6 Week Six

Senior Capstone

Lifelong Learning Presentation

Barbara A. Gibbs, RN

Department of Nursing Laboure College of Healthcare

Nursing: SES4355

Professor: James Latta, Ph.D.

Assistant Professor of Arts and Health Sciences

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INTRODUCTION

Hello, my name is Barbara A. Gibbs. I earned my associate's degree in nursing from Laboure College in 1985.

Lifelong learning is the ongoing, voluntary, and self-motivated pursuit of learning for personal or professional reasons. It is the practice of continuing to learn throughout one's entire life, especially outside of or after the completion of formal schooling. Lifelong learning enhances social inclusion, active citizenship, and personal development. I am a lifelong learner because I have participated in several seminars and workshops over the years to learn.

When I decided to return to school, my goal was to achieve my BSN because, as I stated in several papers, it was on my bucket list.

This program has been a good experience for me since I last took a nursing course in 1999. The program aims to help you increase your thinking, communication, cooperation, Acting, and Value skills.

My critical thinking skills have improved, and they are related to nursing care and other areas of my daily contact with others. Critical thinking helps one research information to form an opinion on the topic you are studying, create an evidence-based practice, or prove the evidence you have found to be supported by your research.

Communication in all areas of your life is essential. Clear verbal communication helps your patients to understand what you are trying to communicate to them, especially when it comes to critical directions, patient pain level, did the medication helped, and whether any side effects from the medicines needs to be communicated from the patient to the nurse. upon patient discharge from the hospital are vital that you communicate to patients their discharge orders, one of the topics in this program was to use the teach-back method with your patient, and how to avoid errors with your co-workers by using good communication skills.

Collaborate is the process of working together to achieve the same end goal, which is the best outcome for our patients during their time of illness. As nurses, we have learned that working together and cooperating make life in the workplace much easier.

Act and implement your ideas; evidence-based practice is implementing our ideas and putting them into practice. It's observing, timing, and documenting to prove that a particular treatment was more effective in treating an ulcer or noting that one medication works best for a specific condition.

Value I value the knowledge I gained in this program. Nurses hold high ethical value in the workplace and in the community, and we value our education. Obtaining my BSN is of great value to me. Patients value and trust our judgments when it comes to their care. Value is defined as how much something is worth, either in terms of cash or importance. There is no cash value in caring for our patients.

In conclusion. This has been a journey and I need a break, because I was determined to finish this course, I said to myself, I am not going to drop out like I did when I was at Northeastern University. I am proud to say that I made the dean's list and was also inducted into the Alpha Sigma Lambda Honorary Society.

Will my lifelong learning end at this juncture? I would say no, because I like learning, will I continue my lifelong learning in nursing? I do not know because there are so many other things I would like to learn, baking, playing the piano and bee keeping.